

**life cycle**  
off road

for  **canteen**

Off Road MTB ride

Proceeds support CanTeen

*Young people living with cancer*

## ***KEP TRACK***

Northam – Mundaring

Sunday 26 August 2018

- Transport for you & your bike from Mundaring to Northam
- Support vehicle & trailer
- Cost \$30

***OR***

## ***Double KEP***

Ride to Northam, stay  
overnight, ride back

Sat 25 & Sun 26 August 2018

- Support vehicle to carry your overnight gear
- Camp in Town Hall
- Secure overnight bike storage
- Cost \$30 plus Meals at local Café or Hotel

P.T.O. for further details & see

[www.lifecyclewa.com](http://www.lifecyclewa.com)

for details of our 4 day Tree Top Walk (Walpole) - Albany  
Munda Biddi Trail Ride 29 Sept – 2 Oct 2018

## **To reserve your place please contact:**

### **Francis**

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Email: francis.vivier@iinet.net.au

### **Bill**

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## **DETAILS**

### **Sunday 26 August meet in Mundaring**

- Meet at Sculpture Park Mundaring, Jacoby St opposite Nichol St
- Arrive 7.30 for 8.00 departure
- Please have pedals loosened or removed for transport
- Optional Lunch stop at Bakers Hill Pie Shop
- Choose your own pace or ride with one of our team
- Sweep riders & Support vehicle

### **What to take:**

- Off road Bike in good condition
- Helmet
- Appropriate clothing for conditions
- Water & snacks
- Spare tubes & puncture repair kit
- You must be able to ride 70 Km

### **NOTE:**

- Riders participate at their own risk
- You MUST check in at finish

*Following the success of last year's ride we are introducing the*

## **Double KEP**

### **Saturday 25 & Sunday 26 August**

- Start point & gear collection TBC
- Optional Lunch stop at Bakers Hill Pie Shop or BYO
- Enjoy the downhill run into Northam

### **Additional items to bring for Double KEP**

- Bedding, (accommodation in hall)
- Change of clothes
- Toiletries
- Board games